



Fall CYO Registration



April 13, 2010 - May 15, 2010

Cross Country – Cross Country is open to girls & boys, K through 8th grade.

Football – Football is open to boys, 5th through 8th grade. Two teams are formed, 5/6th and 7/8th grade. The teams are a combination of St. Al's and St. Rose athletes, playing under the name of St. Rose.

Volleyball – Volleyball is open to all girls from fifth grade through high school. Teams are formed based on the number of athletes that register to play.

Volleyball Camp – Week of August 9th for grades 5 through 8. This is highly recommended and guaranteed to be fun!

Registration forms can be pulled from our website or obtained outside the St. Al's church office.

(<http://www.stalbg.org/community/cyo.html>)

Teams are formed based on the number of athletes that register **now**. Do not wait to register and assume your age group will have a team waiting for you this Fall.

Depending on registration, the High School Volleyball team/teams can be either one grade or a combination. Recruit your St. Al friends.

Visit the above website for additional information.

